

 As at 06 October 2019 Male Track (Outdoor) Records Sprints 					
Event	Age Group	Athlete	Date	Venue	Time
100m	Club Record (U23)	Steven Park	09 July 2005	Manchester, Sports City	10.76s
	U13	Aidan O'Hara	05 September 2015	Dunfermline, Pitreavie	13.18s
	U15	Jonathan Faulds	27 April 2008	Grangemouth Stadium	11.70s
	U17	David Brand	01 May 2011	Wishaw	11.30s
	U20	Sean Harris	29 April 2007	Linwood	11.10s
	U23	Steven Park	12 July 2005	Manchester, Sports City	10.76s
	V35	Cameron Smith	14 June 2009	Dunfermline, Pitreavie	11.42s
	V40	David Agnew	06 April 2019	Grangemouth Stadium	11.86s
	V45	M. Williams	28 May 2005	Aberdeen Sports Village	12.15s
	Senior	Chris Carson	25 June 2006	Dunfermline, Pitreavie	11.10s
150m	Club Record (Senior)	Tony Cunningham	09 August 2006	Glasgow, Scotstoun	16.53s
	U13	Adom Akuoko	05 September 2018	Grangemouth Stadium	21.65s
	Senior	Tony Cunningham	09 August 2006	Glasgow, Scotstoun	16.53s
200m	Club Record (U23)	Steven Park	19 June 2005	Dumfries	21.98s
	U13	Aidan O'Hara	28 June 2015	Grangemouth Stadium	27.73s
	U15	Rory Voss	12 May 2019	Grangemouth Stadium	24.11s
	U17	David Brand	05 June 2011	Grangemouth Stadium	23.50s
	U20	Sean Harris	20 May 2007	East Kilbride	22.60s
	U23	Steven Park	19 June 2005	Dumfries	21.98s
	V35	Cameron Smith	28 May 2011	Edinburgh, Meadowbank	23.00s
	V40	John Lewis	21 June 2008	Dunfermline, Pitreavie	24.81s
	V45	M. Williams	28 May 2005	Aberdeen Sports Village	25.08s
	Senior	Tony Cunningham	26 June 2006	East Kilbride	22.50s
300m	Club Record (U20)	David Allan	02 May 2012	Grangemouth Stadium	37.05s
	U15	Rory Voss	19 May 2019	Grangemouth Stadium	38.75s
	U20	David Allan	02 May 2012	Grangemouth Stadium	37.05s
400m	Club Record (U20)	Chris Carson	16 August 1997	Crystal Palace	46.94s
	U13	Adom Akuoko	16 June 2018	George Duncan Athletics Arena, Perth	66.09s
	U15	Scott McArthur	14 June 2007	Dunfermline, Pitreavie	55.90s
	U17	Graeme Gibson	23 April 2006	Ayr	53.30s
	U20	Chris Carson	16 August 1997	Crystal Palace	46.94s
	U23	Sean Harris	20 June 2010	Grangemouth Stadium	51.92s
	V40	John Lewis	21 June 2008	Dunfermline, Pitreavie	54.31s
	V45	John Lewis	25 April 2010	Grangemouth Stadium	54.30s
	V50	Gerry Starrs	06 August 2009	Finland, Lahti	55.68s
	V55	John Penman	01 September 2019	Kilmarnock	76.53s
	Senior	Tony Cunningham	12 August 2006	Glasgow, Scotstoun	49.30s
Hurdles					
Event	Age Group	Athlete	Date	Venue	Time
75mH	U13	Callum Newton	11 May 2019	Grangemouth Stadium	12.66s
80mH	U15	Douglas Paul	06 June 2009	Grangemouth Stadium	13.72s
100mH	U17	Elliot Wilkins	23 June 2019	Grangemouth Stadium	15.37s

Middle Distance					
Event	Age Group	Athlete	Date	Venue	Time (mins)
800m	Club Record (U20)	Graeme Gibson	04 August 2008	Jarrow	1.56.40
	U13	David Cuthbert	02 June 2019	East Kilbride	2.29.07
	U15	Ruaraidh Elder	19 August 2017	Pitreavie Stadium	2.06.87
	U17	Graeme Gibson	20 August 2006	Wishaw	2.00.00
	U20	Graeme Gibson	04 August 2008	Jarrow	1.56.40
	U23	Graeme Gibson	03 July 2007	Glasgow, Scotstoun	1.57.80
	V35	John O'Hara	30 August 2014	Wishaw	2.21.90
	V40	Bruce Hutchison	12 May 2013	Grangemouth Stadium	2.44.10
	V45	John Lewis	25 April 2010	Grangemouth Stadium	2.06.40
	V50	Gerry Starrs	02 August 2009	Lahti, Finland	2.06.80
	V55	John Penman	02 June 2019	East Kilbride	2.54.93
	Senior	Tony Cunningham	30 August 2008	Dunfermline, Pitreavie	1.57.00
1500m	Club Record (U23)	Owen Miller	08 May 2012	London, QE Stadium	4.02.63
	U13	Rory Muir	07 September 2008	Dunfermline, Pitreavie	4.38.64
	U15	Rory Muir	13 September 2009	Dunfermline, Pitreavie	4.29.71
	U17	Owen Miller	13 July 2008	Grangemouth Stadium	4.27.20
	U20	Owen Miller	08 August 2010	Wishaw	4.15.30
	U23	Owen Miller	08 May 2012	London, QE Stadium	4.02.63
	V35	Craig Adam	28 June 2015	Grangemouth Stadium	6.21.75
	V40	John O'Hara	29 June 2013	Wishaw	5.04.40
	V45	John Lewis	21 April 2012	Edinburgh, Meadowbank	4.26.10
	V55	John Penman	09 September 2018	Grangemouth Stadium	5.41.21
	Senior	Matt Newton	30 June 2019	Grangemouth Stadium	5.04.75
1 Mile	Club Record (U23)	Owen Miller	08 September 2013	Dunfermline, Pitreavie	4.35.03
	U20	Owen Miller	27 April 2010	Ravenscraig	4.50.00
	U23	Owen Miller	08 September 2013	Dunfermline, Pitreavie	4.35.03
	V45	W. Pratt	28 March 2000	Dunfermline, Pitreavie	4.48.60

Long Distance					
Event	Age Group	Athlete	Date	Venue	Time (mins)
3000m	Club Record (U17)	Malcolm McLure	31 May 2019	Scotstoun ,Glasgow	10:30:51
	U17	Malcolm McLure	31 May 2019	Scotstoun ,Glasgow	10:30:51
	V40	Matt Newton	27 May 2018	Ayrshire Athletics Centre, Kilmarnock	10.55.00
	V45	John O'Hara	29 May 2016	Grangemouth Stadium	11.54.62
	V55	John Penman	02 June 2019	East Kilbride	12.23.91
	Senior	Paul Hutton	01 May 2011	Wishaw	12.00.40
5000m	Club Record (U20)	Owen Miller	24 April 2010	Aberdeen Sports Village	17.11.00
	U15	Malcolm McLure	16 June 2017	Kirkcaldy	22:11:00
	U20	Owen Miller	24 April 2010	Aberdeen Sports Village	17.11.00
10000m	Club Record (V50)	Jim Ferguson	09 June 2010	Carlisle	36.34.00

Relays					
Event	Age Group	Athlete	Date	Venue	Time (mins)
4 x 100m	Club record (U15)	Unknown Athletes	14 August 2016	Grangemouth Stadium	47.59s
	U13	Adom Akuoko, Brook Ferguson, Cameron King, Oliver Morrison	23 June 2018	Grangemouth Stadium	55.40s
	U15	Unknown Athletes	14 August 2016	Grangemouth Stadium	47.59s
	U17	Jan Janik, Malcolm McLure, Brodie Ferguson, Kieron MacDonald	02 June 2019	East Kilbride	53.06s
	Senior	Samuel Asamoah, Ross Dixon, Shaun Meechan, Daniel O'Hara	27 May 2018	Ayrshire Athletics Centre	55.20s
4 x 300m	U15	Unknown Athletes	03 July 2016	Aberdeen Sports Village	2.42.14
4 x 400m	Senior	Unknown Athletes	30 August 2014	Wishaw	3.48.70
3 x 800m	U13	David Cuthbert, Mark Harley, Mack Simmons	15 September 2019	Pitreavie, Dunfermline	8.07.62m
	U17	Malcolm McLure, Elliot Wilkins, James Cuthbert	15 September 2019	Pitreavie, Dunfermline	06.59.56m

As at 06 October 2019					
Male Track (Indoor) Records					
Sprints					
Event	Age Group	Athlete	Date	Venue	Time
60m	Club Record (U23)	Steven Park	12 May 2005	Glasgow, Kelvin Hall	7.06s
	U13	Adom Akuoko	10 March 2018	Glasgow, Emirates Arena	8.80s
	U15	Rory Voss	03 February 2019	Glasgow, Emirates Arena	7.54s
	U17	David Brand	05 March 2011	Glasgow, Scotstoun	7.32s
	U20	Sean Harris	06 February 2005	Glasgow, Kelvin Hall	7.20s
	U23	Steven Park	12 May 2005	Glasgow, Kelvin Hall	7.06s
	V35	Cameron Smith	02 February 2011	Grangemouth Stadium	7.29s
	V40	Wallace McGowan	21 February 2009	Glasgow, Kelvin Hall	7.88s
	V45	M. Williams	12 February 2005	Glasgow, Kelvin Hall	7.77s
	Senior	Steven Park	27 February 2011	Glasgow, Emirates Arena	7.38s
100m	Club Record (U17)	Cameron Marshall	18 February 2017	Ravenscraig	11.93s
	U13	Ben Laming	30 March 2016	Ravenscraig	14.54s
	U15	Cameron Marshall	30 March 2016	Ravenscraig	12.35s
	U17	Cameron Marshall	18 February 2017	Ravenscraig	11.93s
200m	Club Record (U23)	Sean Harris	08 February 2005	Glasgow, Kelvin Hall	22.74s
	U13	Ben Laming	06 December 2015	Glasgow, Emirates Arena	28.90s
	U15	Rory Voss	12 January 2019	Glasgow, Emirates Arena	24.69s
	U17	Sean Harris	05 February 2006	Glasgow, Kelvin Hall	23.15s
	U20	David Brand	16 January 2016	Glasgow, Emirates Arena	23.25s
	U23	Sean Harris	08 February 2005	Glasgow, Kelvin Hall	22.74s
	V35	Cameron Smith	24 January 2010	Glasgow, Kelvin Hall	23.19s
	V45	M. Williams	12 February 2005	Glasgow, Kelvin Hall	24.45s
400m	Club Record (U20)	David Allan	17 February 2013	Glasgow, Emirates Arena	52.59s
	U15	Rory Voss	27 January 2019	Glasgow, Emirates Arena	57.96s
	U17	Elliot Wilkins	07 February 2019	Glasgow, Emirates Arena	53.94s
	U20	David Allan	17 February 2013	Glasgow, Emirates Arena	52.59s
	V45	Gerry Starrs	16 March 2006	Linz, Austria	55.38s

Hurdles					
Event	Age Group	Athlete	Date	Venue	Time
60mH	U13	Callum Newton	16 February 2019	Glasgow, Emirates Arena	10.10s
	U15	Douglas Paul	13 December 2009	Glasgow, Kelvin Hall	10.07s
	U17	Elliot Wilkins	06 January 2018	Glasgow, Emirates Arena	10.09s

Middle Distance					
Event	Age Group	Athlete	Date	Venue	Time (mins)
800m	Club Record (Senior)	Owen Miller	17 January 2015	Glasgow, Emirates Arena	1.59.83
	U13	Rory Muir	17 February 2007	Glasgow, Kelvin Hall	2.26.40
	U15	Ruaraidh Elder	08 January 2017	Glasgow, Emirates Arena	2.13.77
	U17	Graeme Gibson	22 February 2006	Glasgow, Kelvin Hall	2.03.70
	U20	Graeme Gibson	14 January 2007	Glasgow, Kelvin Hall	2.01.00
	U23	Owen Miller	19 January 2013	Glasgow, Emirates Arena	2.00.50
	V45	W. Pratt	11 March 2000	Glasgow, Kelvin Hall	2.06.07
	V50	Gerry Starrs	17 March 2011	Gent, Belgium	2.12.00
	Senior	Owen Miller	17 January 2015	Glasgow, Emirates Arena	1.59.83
1500m	Club Record (U23)	Owen Miller	02 February 2014	Glasgow, Emirates Arena	4.04.00
	U15	Rory Muir	13 February 2010	Glasgow, Kelvin Hall	4.22.50
	U17	Malcolm McLure	26 January 2019	Glasgow, Emirates Arena	4.48.14
	U23	Owen Miller	02 February 2014	Glasgow, Emirates Arena	4.04.00
	V45	W. Pratt	11 March 2000	Glasgow, Kelvin Hall	4.26.90
3000m	Club Record (U17)	Malcolm McLure	04 January 2019	Glasgow, Emirates Arena	11.01.11
	U17	Malcolm McLure	04 January 2019	Glasgow, Emirates Arena	11.01.11

Relays					
Event	Age Group	Athlete	Date	Venue	Time (mins)
4 x 200m	Club record (U15)	Nana Akuoko, Gregor Campbell, Cameron Marshall, Aidan O'Hara	20 February 2016	Glasgow, Emirates Arena	1.43.69
	U13	Jack Reid, Brook Ferguson, Callum Newton, Oliver Morrison	16 March 2019	Glasgow, Emirates Arena	1.59.59
	U15	Nana Akuoko, Gregor Campbell, Cameron Marshall, Aidan O'Hara	20 February 2016	Glasgow, Emirates Arena	1.43.69